

Chatter Newsletter



Ken Baxter Community Center • A Newsletter for Seniors



514 Delta Ave

February 2017

SUN	MON	TUE	WED	THU	FRI	SAT
			1 9 am Aerobics Free Legal Attorney By Appointment with Russ Hermes	2 9 - Senior Yoga 10 - Genealogy 12:15 Beg Clogging 12:30 Driftwood 1pm Canasta 1pm Mah Jongg	3 9am Woodcarving	4
5	6 9 am Aerobics 9:30am Café B. 11 am Clogging	7 9am Gourd Class 9am Senior Yoga 12pm Bridge	8 9 am Aerobics	9 9 - Senior Yoga 10 - Genealogy 12:15 Beg Clogging 12:30 Driftwood 1pm Canasta	10 9am Woodcarving	11
12	13 9 am Aerobics 9:30am Café B. 11 am Clogging	14 9am Gourd Class 9am Senior Yoga 12pm Bridge Caregiver Support 10:00am	15 9 am Aerobics	16 9 - Senior Yoga 10 - Genealogy 12:15 Beg Clogging 12:30 Driftwood 1pm Canasta 1pm Mah Jongg	17 9am Woodcarving	18
19	20 Closed President's Day	21 9am Gourd Class 9am Senior Yoga 12pm Bridge Winter Wonderland Dance @ Opera House \$5	22 9 am Aerobics 10:30 am Book Club SHIBA By Appointment	23 9 - Senior Yoga 10 - Genealogy 12:15 Beg Clogging 12:30 Driftwood 1pm Canasta	24 9am Woodcarving	25
26	27 9 am Aerobics 9:30am Café B. 11 am Clogging	28 9am Gourd Class 9am Senior Yoga 12pm Bridge		For programs with appointments, please call (360) 363-8450	MISC: Please stop by the front desk to fill out your 2017 registration form	Chair Massage 1st & 3rd Thurs. by appointment \$15

Please turn over for additional program details

Community Center General Program Descriptions

Low Impact Aerobics

Get into the fitness groove with Tamara Robbins! This low-impact aerobics class will keep you moving while maintaining flexibility. Class meets Monday and Wednesday. \$40

Clogging & Beginning Clogging

Instructor, Margil Crowley, will take you through the steps and dance routines. Clogging is much like a combination of tap and line dancing. If you have previous experience or have been clogging for awhile, take the Monday class. If you are a beginner, please join our Thursday class. No partner needed. \$3

Drop-in Gourd Art and Crafting

In an open studio format, gourds can be carved, wood-burned and painted for a finished look. Bring your own project, learn techniques from fellow artists. Bring your own tools and be ready to share ideas. \$5

Bridge, Hand and Foot Canasta and Mah Jongg

Learn how to play one or all of these fun table games. Please call a week in advance if its your first time playing at (360) 363-8450. Check the calendar for playing times and program updates.

Book Club

Join our monthly book club and meet new people too. Call for complete details if this is your first time attending. February's book is The Glass Castle by Jeannette Wells. You must purchase the book on your own. Free

March's book is Shadow of the Cypress by Thomas Steinbeck

Driftwood Sculpture

Learn how to find and clean a piece a driftwood; then oil and finish it, turning it into an amazing piece of art. Artist and non-artists alike will enjoy driftwood sculpture. Each student will be given a piece of wood in class. Please bring a towel with you. Located in the Fireside room. \$38 per month. Meets weekly.

Free Legal Assistance

Twenty minute appointment with an attorney. Time slots fill up very quickly. Call (360) 363-8450. Free

Senior Yoga

Slow, fluid movements, peaceful breathing, merciful poses and mellow stretches will maintain flexibility and gain strength. Class meets Tuesday and Thursday \$40

Genealogy

Learn the basics of research, finding your ancestry through the computer, library, archives and more. Beginners and those experienced in genealogy alike will enjoy this class. Please call in advance if it's your first time attending. Free

SHIBA

Statewide Health Benefits Advisors. SHIBA is a network of trained volunteers that are here to assist, educate and inform you of your rights regarding health insurance issues. Please call for appointment (360) 363-8450.

Drop-in Wood Carving

Woodcarving is both a unique and ancient art form. Bring your whittling tools and enjoy great conversation with others. Ages 16 and above. \$3



For additional programs and events visit marysvillewa.gov

Ken Baxter Community Center Available for Rent

Rental Fee:
Friday, Saturday and Sunday, \$45 per hour or a special rate of \$155 for 5 hours (3 hour minimum on weekends); Monday - Thursday, \$35 per hour (No hour minimum on weekdays)
Security Deposit: Nonalcoholic rental \$200; Rental with alcohol \$300 (beer or wine only)

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